I Am Starting Survey

I have a helper ask me these questions, if possible, and record my answers. Otherwise, I do it myself.

Date:

1. What are my hobbies and interests? What do I do in my free time?

2. What problems in my town or the world need to be fixed and how can I help solve them?

"Act in the living present." Henry Wadsworth Longfellow

3. What is happening in the world or my town that I think is good, that I want to support? What could I do to give my support to these things or situations?

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4. What am I naturally good at?

- 5. Do I work better by myself, with another person, with small groups of people, or in large groups?
- 6. Would I like to own my own business, work for a large corporation, for a small company, or...?

7. Would I like to live near where I live now, somewhere else, in another part of the country, or in another country?

8. Who loves me? Who is there for me when I need support?

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9. My ideas about what I might like to do someday for my job or profession...

My helper tells a positive, descriptive story about me, using the information in my survey. If I am alone, I stand in front of a mirror, and confidently and enthusiastically tell my story to that fine person in the mirror.

"Remember always that you have not only the right to be an individual: you have an obligation to be one. You cannot make any useful contribution in life unless you do this. The future belongs to those who believe in the beauty of their dreams."

> Eleanor Roosevelt First Lady of the United States 1933-1945. American politician, activist, special envoy to the President.